

Youth Test Requirements

10th Kyu (40 days)

Yellow Belt

Demonstrate Left and Right Kamae (stance)
Sit-fall with and without slapping
Backwards standing rolls
Forward standing rolls with and without slapping
Shikko (knee-walking)
Demonstrate Ai- and Gyaku-Hanmi with a partner
Tenkan with and without a partner
Know how to tie your Obi (belt)
Kokyu Dosa
Court to 10 in Japanese

9th Kyu (65 days)

Green Belt

All previous requirements
Gyaku-Hanmi Katatetori Kokyunage (uchi and soto mawari)
Ai-Hanmi Katatetori Iriminage (omote and ura)
Ai-Hanmi Katatetori Udekeminage (omote and ura)
Ai-Hanmi Katatetori Sokomen Iriminage (omote and ura)
Kokyu Dosa

8th Kyu (85 days)

Purple Belt

All previous requirements
Morotetori Kokyunage (omote and ura)
Ryotetori Tenchinage (omote and ura)
Yokomenuchi Iriminage (omote and ura)
Morotetori Iriminage (2 ways)
Ai-Hanmi Katatetori Rokyo (omote and ura)

7th Kyu (110 days)

Red belt

All previous requirements
Munetori Ikkyo (omote and ura)
Tsuki Kotegashi (omote and ura)
Gyaku-Hanmi Katatetori Shihonage (omote and ura)
Shomenuchi Ikkyo (omote and ura)
Suwari Waza:
 Shomenuchi Ikkyo (omote and ura)
 Shomenuchi Iriminage (omote and ura)

6th Kyu (130 days)

Brown belt

All previous requirements
Shomenuchi Ikkyo (omote and ura)
Shomenuchi Iriminage (omote and ura)
Katatetori Iriminage (omote and ura)
Ryotetori Tenchinage (omote and ura)
Tsuki Kotegashi (omote and ura)
Ushiro Tekubitori Kotegaeshi
Weapons Etiquette (how to handle a bokken, jo, and tanto)

5th Kyu (130 days)

Brown belt, white tips

All previous requirements
Weapons:
 Sword Etiquette
 Suburi #1, #2, and #3
Shomenuchi Ikkyo (omote and ura)
Shomenuchi Iriminage
Katatetori Iriminage (omote and ura)
Ryotetori Tenchinage (omote and ura)
Tsuki Kotegashi
Ushiro Tekubitori Kotegaeshi
Morotetori Kokyuho